

Weight Assessment and Counseling, Nutrition and Physical Activity for Children/Adolescents (WCC)

2025

Children ages 3-17

COMMERCIAL | MEDICAID

Measure definition

The percentage of children who had an outpatient visit with a PCP **or** OB/GYN **and** who had evidence of the following during the measurement year:

- **Counseling for nutrition**
- **Counseling for physical activity**
- **Body measure index (BMI) percentile***



Commonly used claim codes* (Not all-inclusive)

- BMI percentile: **59574-4**
- Nutrition counseling: **97802, 97803, 97804**
- Nutritional counseling, dietitian visit: **S9470**
- Face-to-face behavioral counseling for obesity, 15 minutes: **G0447**

Exclusion:

- Abdominal pregnancy without intrauterine pregnancy: **000.00**



Medical record requirements

- Member legal name and date of birth
- Provider/practice identifier
- Provider Business Group (PBG) name and number
- Date of service (DOS)
- Applicable lab/test results and date collected

Medical record submission methods may not be applicable to all plan types.
For more details, you can reach out to your HEDIS plan representative.

Required exclusions (Other exclusions may also apply)

- Members during measurement year
 - Diagnosed with pregnancy
 - In hospice or using hospice services
 - Who have died

Insights and recommendations

- Obtain biometrics (height, weight and BMI percentile) and document in member's medical record
 - Member-reported biometrics are eligible for reporting if documented in the member's medical record
- A distinct BMI percentile is required for numerator compliance
 - Ranges and thresholds **don't** meet criteria
- Discuss physical activity **and** proper nutrition at any visit during measurement year
- Weight and obesity counseling counts for **both** nutrition and physical activity counseling
- Services may be rendered during a visit other than a well-child visit. These services count if the specified documentation is present, regardless of the primary intent of the visit.
- The following examples **don't meet criteria**:
 - Being well-nourished and cleared for gym
 - Services specific to an acute or chronic condition (i.e., member is to use a BRAT diet)
 - Documentation of anticipatory guidance or health education **without** specific mention of nutrition and physical activity
 - Discussion of physical activity specific to an acute/chronic condition (e.g., light exercise related to chronic back pain)

*FOR BMI PERCENTILE: BMI percentile **must** be documented as a value **or** plotted on an age-growth chart. The **height, weight and BMI must be from the same chart**; however, it can be on a different date of service during the measurement year. Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.

*FOR COMMONLY USED CODES: Not a comprehensive list of codes.

For measures that require claims data only, we cannot accept supplemental data sources such as data feeds and medical record collection methods.

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