

# Asthma Medication Ratio (AMR)

2025

Members ages 5–64

COMMERCIAL | MEDICAID

## Measure definition

Members identified as having persistent asthma **and** having had 0.50 or greater ratio of controller medications to total asthma medications during measurement year



### Medical record requirements

- Member legal name and date of birth
- Provider/practice identifier
- Provider Business Group (PBG) name and number
- Date of service (DOS)
- Applicable lab/test results and date collected



### Commonly used claim codes\*

(Not all-inclusive)

#### Claims data

Dispensing of asthma controller medication

- Asthma, other asthma: **J45.998**

#### Exclusions

- COPD: **J44.9**
- Emphysema: **J43.9**
- Cystic fibrosis: **E84.9**
- Acute respiratory failure: **J96.00**

Medical record submission methods may not be applicable to all plan types.  
For more details, you can reach out to your HEDIS plan representative.

## Required exclusions (Other exclusions may also apply)

- Members who use hospice services or a hospice benefit anytime during measurement year
- Members who died anytime during measurement year
- Members who had no asthma controller or reliever medications dispensed during measurement year
- Members who had a diagnosis that requires a different treatment approach than members with asthma anytime during their history through December 31 of measurement year

Do not use RxNorm codes when identifying required exclusions **or** when assessing the numerator.

## Insights and recommendations

- Collaborate with member to develop asthma action plans and education on reduction of asthma triggers
  - Involve family in treatment planning if member needs support
- Simplify treatment plan and provide clear instructions
- Offer help with using inhalers when first prescribed
- Educate on potential side effects of controller medications and how to manage side effects
- Address any member barriers to filling prescriptions
- Consider prescribing control medication in 90-day increments with refills
- Ensure member isn't using more rescue medication than preventative medication to control their asthma
- Apply accurate diagnosis coding

\*FOR COMMONLY USED CODES: Not a comprehensive list of codes.

For measures that require claims data only, we cannot accept supplemental data sources such as data feeds and medical record collection methods.

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