Initiation and Engagement of Substance Use Disorder Treatment (IET)

2025

Members 13 years and older

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Measure definition

The percentage of members with a **new** substance use disorder (SUD) episode(s), that result in treatment initiation and engagement. **Two rates are reported:**

- 1. Initiation of SUD treatment: The percentage of new SUD episodes that result in treatment initiation through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visit or medication treatment within 14 days.
- 2. Engagement of SUD treatment: The percentage of new SUD episodes that have evidence of treatment engagement within 34 days of initiation.

Intake period: November 15 of the year prior to the measurement year–November 14 of the measurement year

SUD episodes include:

- Alcohol use disorder
- Opioid use disorder
- Other substance use disorder



Medical record requirements

- Member legal name and date of birth
- Provider/practice identifier
- Provider Business Group (PBG) name and number
- Date of service (DOS)
- Applicable lab/test results and date collected



Commonly used claim codes*

(Not all-inclusive; can submit through electronic clinical data systems)

- Alcohol abuse, uncomplicated: F10.10
- Opioid abuse, uncomplicated: F11.10
- Substance use disorder services: 99408
- Partial hospitalization or intensive outpatient: 0905, 0907, 0912, 0913
- Telephone visits: 98966, 98967, 98968
- Inpatient stay: 0101, 0100, 0207

Medical record submission methods may not be applicable to all plan types. For more details, you can reach out to your HEDIS plan representative.

Required exclusions (Other exclusions may also apply)

- · Members who:
 - Use hospice services or elect to use a hospice benefit anytime during the measurement year
 - Have died any time during the measurement year



Insights and recommendations

- Initiate SUD treatment within 14 days of an episode
- Prompt engagement of SUD treatment within 34 days of initiation
- Explain to members the importance of timely follow-up care
- Coordinate care between behavioral health and primary care physicians
- Get family involved
- Ask about their story and what recovery would mean to them
- Assess and refer members with any social determinants of health concerns
- Document current phone numbers, address and alternate contact person for follow-up outreach
- Discuss co-occurring conditions to address additional health concerns and potential barriers

For measures that require claims data only, we cannot accept supplemental data sources such as data feeds and medical record collection methods.

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The above information is not a complete list of services for this measure. For a complete list, please refer to the NCQA website at **NCQA.org**. HEDIS 2025 Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA). HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).

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^{*}FOR COMMONLY USED CODES: Not a comprehensive list of codes.