# Follow-up After Emergency Department Visit for Mental Illness (FUM)

2025

Members ages 6 and older

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#### **Measure definition**

Emergency department (ED) visits with a principal diagnosis of mental illness **or** intentional self-harm **and** had a follow-up visit for mental illness.

#### Two rates are reported:

- Within 7 days of ED visit (8 total days)
- Within 30 days of ED visit (31 total days)

**Service date range**: January 1 through December 1 of measurement year with member being ages 6 or older on date of visit

#### The following meet criteria for a follow-up visit:

- Outpatient visit
- Intensive outpatient encounter
- Psychiatric residential treatment
- Behavioral health visit
- Partial hospitalization
- Visit with a community mental health center or peer support services
- Electroconvulsive therapy
- Observation visit, telehealth/telephone visit, e-visit/virtual check-in
- Follow-up visit can be with any practitioner, with a principal diagnosis of a mental health disorder **or** a principal diagnosis of intentional self-harm **and** any diagnosis of a mental health disorder
- Follow-up can occur on date of ED visit or within 7 days after ED visit (8 days) or within 30 days after ED visit (31 days)



## **Medical record requirements**

- Member legal name and date of birth
- Provider/practice identifier
- Provider Business Group (PBG) name and number
- Date of service (DOS)
- Applicable lab/test results and date collected



### Commonly used claim codes\*

(Not all-inclusive)

- Visit, setting unspecified: 90847, 90853, 99222
- ECT: 90870
- BH outpatient: 99483, 99344
- Telephone visit: 99442
- Online assessment: 99421, 99422, 99423

Medical record submission methods may not be applicable to all plan types. For more details, you can reach out to your HEDIS plan representative.



# Required exclusions (Other exclusions may also apply)

- Members in hospice or using hospice services anytime during measurement year
- Members who died anytime during measurement year

# **Insights and recommendations**

- Reach out to member after notification of ED discharge to promptly schedule a follow-up visit
- Reschedule members who do not keep their initial appointment within 24 hours
- A diagnosis of mental health disorder and date of service is required for all submitted data
- · Use correct coding, and submit claims and encounter data in a timely manner
- Refer members for behavioral health support, such as a community health worker
- Close management of patient care results in better outcomes for both behavioral and physical health with:
  - Reduction in use of ED
  - Patient is more compliant with care
  - Reduces suicidal ideation, attempted and completed suicide

\*FOR COMMONLY USED CODES: Not a comprehensive list of codes.

For measures that require claims data only, we cannot accept supplemental data sources such as data feeds and medical record collection methods.

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