

Follow up After Hospitalization for Mental Illness (FUH)

2025

Members age 6 and older

COMMERCIAL | MEDICARE | MEDICAID

Measure definition

Members who were hospitalized for principal diagnosis of mental illness or intentional self-harm diagnosis and who had a follow-up visit with a mental health provider

Two rates are reported:

- Follow-up within 30 days after discharge
- Follow-up within 7 days after discharge

Service date range: January 1 through December 1 of measurement year

The following meet criteria for a follow-up visit:

- Outpatient visit
- Intensive outpatient encounter **or** partial hospitalization
- Visit with a community mental health center
- A visit in a behavioral healthcare setting
- Electroconvulsive therapy
- Observation visit, telehealth/telephone visit, e-visit/virtual check-in
- Transitional care management services
- Psychiatric collaborative care management
- Peer support services
- Psychiatric residential treatment

Follow-up must occur with a mental health provider within 7 days after discharge (8 days) **or** within 30 days after discharge (31 days). Don't include visits that occur on the date of discharge



Medical record requirements

- Member legal name and date of birth
- Provider/practice identifier
- Provider Business Group (PBG) name and number
- Date of service (DOS)
- Applicable lab/test results and date collected



Commonly used claim codes*

- Electroconvulsive therapy: **90870**
- Visit setting unspecified: **99222**
- BH outpatient: **99483, 98961**
- Telephone visit: **99442**
- Peer support services, mental health services, not otherwise specified: **H0046**

Medical record submission methods may not be applicable to all plan types.
For more details, you can reach out to your HEDIS plan representative.

Required exclusions (Other exclusions may also apply)

- Members in hospice or using hospice services during measurement year
- Members who died during measurement year

Insights and recommendations

- Prepare patient for discharge
 - Appropriate discharge planning and scheduled follow up with their mental health provider prior to discharge
 - Refer a patient to behavioral health support such as a community health worker
- Don't include visits scheduled on date of discharge
- Schedule a telehealth visit to include telephone, e-visit or virtual check-in with a mental health provider
- Encourage medication and treatment regimen adherence
- Provide culturally competent care

*FOR COMMONLY USED CODES: Not a comprehensive list of codes.

For measures that require claims data only we cannot accept supplemental data sources such as data feeds and medical record collection methods.

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