



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name:	Lupron Depot (Endometriosis-Fibroids)	Page:	1 of 4
Effective Date:	6/6/2025	Last Review Date:	4/2025
Applies to:	<input type="checkbox"/> Illinois <input type="checkbox"/> New Jersey <input type="checkbox"/> Pennsylvania Kids	<input type="checkbox"/> Florida <input checked="" type="checkbox"/> Maryland <input checked="" type="checkbox"/> Virginia	<input checked="" type="checkbox"/> Florida Kids <input type="checkbox"/> Michigan <input type="checkbox"/> Kentucky PRMD

Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Lupron Depot (Endometriosis-Fibroids) under the patient's prescription drug benefit.

Description:

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met, and the member has no exclusions to the prescribed therapy.

A. FDA-Approved Indications

1. Endometriosis

Lupron Depot 3.75 mg and Lupron Depot-3 Month 11.25 mg are indicated for management of endometriosis, including pain relief and reduction of endometriotic lesions. Lupron Depot 3.75 mg monthly and Lupron Depot-3 Month 11.25 mg with norethindrone acetate 5 mg daily are also indicated for initial management of the painful symptoms of endometriosis and for management of recurrence of symptoms.

Use of norethindrone acetate in combination with Lupron Depot 3.75 mg and Lupron Depot 11.25 mg is referred to as add-back therapy, and is intended to reduce the loss of bone mineral density (BMD) and reduce vasomotor symptoms associated with use of Lupron Depot 3.75 mg and Lupron Depot 11.25 mg.

2. Uterine Leiomyomata (Fibroids)

When used concomitantly with iron therapy, Lupron Depot 3.75 mg and Lupron Depot-3 Month 11.25 mg are indicated for preoperative hematologic improvement of women with anemia caused by fibroids for whom three months of hormonal suppression is deemed necessary. The clinician may wish to consider a one-month trial period on iron alone, as some women will respond to iron alone. Lupron Depot may be added if the response to iron alone is considered inadequate.

Limitations of Use:

For endometriosis: The total duration of therapy with Lupron Depot 3.75 mg and 11.25 mg plus add-back therapy should not exceed 12 months due to concerns about adverse impact on bone mineral density.

For uterine leiomyomata: Lupron Depot 3.75 mg and 11.25 mg are not indicated for combination use with norethindrone acetate add-back therapy for the preoperative hematologic improvement of women with anemia caused by heavy menstrual bleeding due to fibroids.



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Coverage Policy/Guideline

Name: Lupron Depot (Endometriosis-Fibroids) Page: 2 of 4

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B. Compendial Uses

1. Breast cancer
2. Ovarian cancer – Epithelial ovarian cancer/fallopian tube cancer/primary peritoneal cancer, and less common ovarian cancers (grade 1 endometrioid carcinoma, low-grade serous carcinoma, carcinosarcoma [malignant mixed Müllerian tumors], mucinous carcinoma of the ovary, or clear cell carcinoma of the ovary)
3. Recurrent androgen receptor positive salivary gland tumors
4. Preservation of ovarian function in patients with cancer
5. Prevention of recurrent menstrual related attacks in acute porphyria

All other indications are considered experimental/investigational and not medically necessary.

For Maryland requests related to gender dysphoria please use Gender Affirming Care Aetna MD Medicaid C26818-A

For Virginia requests related to gender dysphoria please use GnRH Analogs for Gender Dysphoria C22189-A Aetna Medicaid

Applicable Drug List:

Lupron Depot 1-Month 3.75 mg
Lupron Depot 3-Month 11.25 mg

Policy/Guideline:

Criteria for Initial Approval:

A. Endometriosis

Authorization of up to 6 months (one treatment course) may be granted to members for initial treatment of endometriosis.

B. Uterine leiomyomata (fibroids)

Authorization of up to 3 months may be granted for initial treatment of uterine leiomyomata (fibroids) when either of the following criteria is met:

1. Member has anemia due to uterine leiomyomata, or
2. Lupron Depot will be used prior to surgery for uterine leiomyomata.

C. Breast cancer

Authorization of 12 months may be granted for treatment of hormone receptor-positive breast cancer.

D. Ovarian cancer



AETNA BETTER HEALTH®
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Name: Lupron Depot (Endometriosis-Fibroids) Page: 3 of 4

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Authorization of 12 months may be granted for treatment of persistent disease or recurrence of any of the following types of ovarian cancer when used as a single agent:

1. Epithelial ovarian cancer
2. Fallopian tube cancer
3. Primary peritoneal cancer
4. Grade 1 endometrioid carcinoma
5. Low-grade serous carcinoma
6. Carcinosarcoma (malignant mixed Müllerian tumors)
7. Mucinous carcinoma of the ovary
8. Clear cell carcinoma of the ovary

E. Salivary gland tumors

Authorization of 12 months may be granted for treatment of recurrent, unresectable, or metastatic salivary gland tumors as a single agent when the tumor is androgen receptor positive AND the patient is unable to take Eligard for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication.

F. Preservation of ovarian function in patients with cancer

Authorization of 3 months may be granted for preservation of ovarian function when the member is premenopausal and undergoing chemotherapy.

G. Prevention of recurrent menstrual related attacks in acute porphyria

Authorization of 12 months may be granted for prevention of recurrent menstrual related attacks in members with acute porphyria when the requested medication is prescribed by or in consultation with a physician experienced in the management of porphyrias.

Continuation of Therapy:

All members (including new members) requesting authorization for continuation of therapy must meet all initial authorization criteria in addition to the following diagnosis-specific criteria (if applicable).

A. Endometriosis

Authorization of up to 6 months (for a lifetime maximum of 12 months total) may be granted for retreatment of endometriosis when all of the following criteria are met:

1. The member has had a recurrence of symptoms.
2. The member has a bone mineral density within normal limits.

B. Uterine leiomyomata (fibroids)

Authorization of up to 3 months (for a lifetime maximum of 6 months total) may be granted when either of the following criteria is met:

1. Member has anemia due to uterine leiomyomata, or
2. Lupron Depot will be used prior to surgery for uterine leiomyomata.

C. Breast cancer, ovarian cancer, and salivary gland tumors



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Name: Lupron Depot (Endometriosis-Fibroids) Page: 4 of 4

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Authorization of 12 months may be granted for continued treatment of breast cancer, ovarian cancer, and salivary gland tumors in members requesting reauthorization when there is no evidence of unacceptable toxicity or disease progression while on the current regimen.

D. All members (including new members) requesting authorization for continuation of therapy for the specified indications below must meet all initial authorization criteria:

1. Preservation of ovarian function in patients with cancer
2. Prevention of recurrent menstrual related attacks in acute porphyria

Approval Duration and Quantity Restrictions:

Approval:

- Endometriosis – up to 6 months for a lifetime maximum of 12 months total
- Uterine leiomyomata (fibroids) – up to 3 months for a lifetime maximum of 6 months total
- Breast cancer, ovarian cancer, and salivary gland tumors, prevention of recurrent menstrual related attacks in acute porphyria – 12 months
- Preservation of ovarian function in patients with cancer – 3 months

References:

1. Lupron Depot 3.75 mg [package insert]. North Chicago, IL: AbbVie Inc.; October 2023.
2. Lupron Depot-3 Month 11.25 mg [package insert.]. North Chicago, IL: AbbVie Inc.; October 2023.
3. The NCCN Drugs & Biologics Compendium® © 2023 National Comprehensive Cancer Network, Inc. <http://www.nccn.org>. Accessed February 12, 2024.
4. Management of symptomatic uterine leiomyomas: ACOG Practice Bulletin No. 228. American College of Obstetricians and Gynecologists. *Obstet Gynecol*. 2021 June 1;137(6):e100-e115.
5. Marret H, Fritel X, Ouldamer L, et al. Therapeutic management of uterine fibroid tumors: updated French guidelines. *European Journal of Obstetrics and Gynecology and Reproductive Biology*. 2012;165:156-164.
6. Fertility preservation in patients with cancer: ASCO Clinical Practice Guideline Update. *J Clin Oncol*. 2018 Jul 1;36(19):1994-2001.
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8. Stein P, Badminton M, Barth J, et al. British and Irish Porphyria Network. Best practice guidelines on clinical management of acute attacks of porphyria and their complications. *Ann Clin Biochem*. 2013 May;50(Pt 3):217-23.
9. Innala E, Bäckström T, Bixo M, et al. Evaluation of gonadotrophin-releasing hormone agonist treatment for prevention of menstrual-related attacks in acute porphyria. *Acta Obstet Gynecol* 2010;89:95–100.