	TTER HEALTH® Policy/Guideline		<b>*ae</b>	etna™
Name:	Cosentyx		Page:	1 of 8
Effective D	ate: 1/30/2025		Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□ Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	□Pennsylvania Kids	□Virginia	□Kentucky PRMD	

#### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Cosentyx under the patient's prescription drug benefit.

## **Description:**

#### **FDA-Approved Indications**

- A. Moderate to severe plaque psoriasis (PsO) in patients 6 years of age and older who are candidates for systemic therapy or phototherapy (Reference the Biological Response Modifiers (BRMs) in the Treatment of Plaque Psoriasis NJ Protocol)
- B. Active psoriatic arthritis (PsA) in patients 2 years of age and older
- C. Adults with active ankylosing spondylitis (AS)
- D. Adults with active non-radiographic axial spondyloarthritis (nr-axSpA) with objective signs of inflammation
- E. Active enthesitis-related arthritis (ERA) in patients 4 years of age and older
- F. Adults with moderate to severe hidradenitis suppurativa (HS)

All other indications are considered experimental/investigational and not medically necessary.

## **Applicable Drug List:**

Non-preferred: Cosentyx

## **Policy/Guideline:**

#### **Documentation for all indications:**

The patient is unable to take a preferred adalimumab product OR Enbrel and ONE additional preferred product (Otezla or Rinvoq), where indicated, for the given diagnosis due to a trial and inadequate treatment response or intolerance, or a contraindication. Documentation is required for approval.

#### **Documentation:**

A. Psoriatic arthritis (PsA), ankylosing spondylitis (AS), non-radiographic axial spondyloarthritis (nr-axSpA), and enthesitis-related arthritis (ERA), hidradenitis suppurativa

	TTER HEALTH® Policy/Guideline		<b>*ae</b>	etna"
Name:	Cosentyx		Page:	2 of 8
Effective D	ate: 1/30/2025		Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	$\square$ Pennsylvania Kids	□Virginia	☐Kentucky PRMD	

- 1. Initial requests: Chart notes, medical record documentation, or claims history supporting previous medications tried (if applicable), including response to therapy. If therapy is not advisable, documentation of clinical reason to avoid therapy.
- 2. Continuation requests: Chart notes or medical record documentation supporting positive clinical response.

#### **Prescriber Specialty:**

This medication must be prescribed by or in consultation with one of the following:

- A. Psoriatic arthritis and hidradenitis suppurativa: rheumatologist or dermatologist
- B. Ankylosing spondylitis, non-radiographic axial spondyloarthritis, and enthesis-related arthritis: rheumatologist

## **Criteria for Initial Approval:**

#### A. Psoriatic arthritis (PsA)

- I. Authorization of 12 months may be granted for members 2 years of age or older who have previously received a biologic or targeted synthetic drug indicated for active psoriatic arthritis.
- II. Authorization of 12 months may be granted for members 2 years of age or older for treatment of active psoriatic arthritis when either of the following criteria is met:
  - a. Member has mild to moderate disease and meets one of the following criteria:
    - i. Member has had an inadequate response to methotrexate, leflunomide, or another conventional synthetic drug (e.g., sulfasalazine) administered at an adequate dose and duration.
    - ii. Member has an intolerance or contraindication to methotrexate or leflunomide (see Appendix), or another conventional synthetic drug (e.g., sulfasalazine).
    - iii. Member has enthesitis or predominantly axial disease.
  - b. Member has severe disease.

## B. Ankylosing spondylitis (AS) and non-radiographic axial spondyloarthritis (nr-axSpA)

- 1. Authorization of 12 months may be granted for adult members who have previously received a biologic or targeted synthetic drug indicated for active ankylosing spondylitis or active non-radiographic axial spondyloarthritis.
- Authorization of 12 months may be granted for adult members for treatment of active ankylosing spondylitis or active non-radiographic axial spondyloarthritis when any of the following criteria is met:
  - i. Member has had an inadequate response to at least two nonsteroidal antiinflammatory drugs (NSAIDs).

	TTER HEALTH® Policy/Guideline		<b>*ae</b>	etna™
Name:	Cosentyx		Page:	3 of 8
Effective Date: 1/30/2025			Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	□Pennsylvania Kids	□Virginia	☐Kentucky PRMD	

ii. Member has an intolerance or contraindication to two or more NSAIDs.

## D. Enthesitis-related arthritis (ERA)

- 1. Authorization of 12 months may be granted for members 4 years of age or older who have previously received a biologic for treatment of active enthesitis-related arthritis.
- Authorization of 12 months may be granted for members 4 years of age or older for treatment of active enthesitis-related arthritis when both of the following criteria are met:
  - i. Member has active disease demonstrated by at least three active joints involved and at least one site of active enthesitis at baseline or documented by history.
  - ii. Member meets either of the following:
    - a. Member has had an inadequate response to nonsteroidal anti-inflammatory drugs (NSAIDs), sulfasalazine, or methotrexate.
    - b. Member has an intolerance or contraindication to NSAIDs, sulfasalazine (e.g., porphyria, intestinal or urinary obstruction), and methotrexate (see Appendix).

#### E. Hidradenitis suppurativa

- Authorization of 12 months may be granted for adult members who have previously received a biologic indicated for treatment of moderate to severe hidradenitis suppurativa.
- 2. Authorization of 12 months may be granted for adult members for treatment of moderate to severe hidradenitis suppurativa when either of the following is met:
  - i. Member has had an inadequate response to an oral antibiotic used for the treatment of hidradenitis suppurativa for at least 90 days (e.g., clindamycin, metronidazole, moxifloxacin, rifampin, tetracyclines).
  - ii. Member has an intolerance or contraindication to oral antibiotics used for the treatment of hidradenitis suppurativa.

## **Continuation of Therapy:**

#### A. Psoriatic arthritis (PsA)

Authorization of 12 months may be granted for all members 2 years of age or older (including new members) who are using the requested medication for psoriatic arthritis and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when there is improvement in any of the following from baseline:

1. Number of swollen joints

	TTER HEALTH® Policy/Guideline		<b>*ae</b>	etna™
Name:	Cosentyx		Page:	4 of 8
Effective D	ate: 1/30/2025		Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□ Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	$\square$ Pennsylvania Kids	□Virginia	☐Kentucky PRMD	

- 2. Number of tender joints
- 3. Dactylitis
- 4. Enthesitis
- 5. Axial disease
- 6. Skin and/or nail involvement
- 7. Functional status
- 8. C-reactive protein (CRP)

## B. Ankylosing spondylitis (AS) and non-radiographic axial spondyloarthritis (nr-axSpA)

Authorization of 12 months may be granted for all adult members (including new members) who are using the requested medication for ankylosing spondylitis or non-radiographic axial spondyloarthritis and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when there is improvement in any of the following from baseline:

- 1. Functional status
- 2. Total spinal pain
- 3. Inflammation (e.g., morning stiffness)
- 4. Swollen joints
- 5. Tender joints
- 6. C-reactive protein (CRP)

#### C. Enthesitis-related arthritis (ERA)

Authorization of 12 months may be granted for all members 4 years of age or older (including new members) who are using the requested medication for active enthesitis-related arthritis and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when there is improvement in any of the following from baseline:

- 1. Number of flares
- 2. Number of joints with active arthritis (e.g., swelling, pain)
- 3. Number of joints with limited movement
- 4. Dactylitis
- 5. Enthesitis

#### D. Hidradenitis suppurativa

Authorization of 12 months may be granted for all adult members (including new members) who are using the requested medication for moderate to severe hidradenitis

			<b>*</b> ae	etna <sup>®</sup>
AETNA BET	ΓTER HEALTH®			
Coverage F	Policy/Guideline			
Name:	Cosentyx		Page:	5 of 8
				11/2023;
Effective D	ate: 1/30/2025		Last Review Date:	4/2024;
				12/2024
Applies to:	□Illinois	□Florida	□Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	□Pennsylvania Kids	□Virginia	□Kentucky PRMD	

suppurativa and who achieve or maintain a positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when any of the following is met:

- 1. Reduction in abscess and inflammatory nodule count from baseline
- 2. Reduced formation of new sinus tracts and scarring
- 3. Decrease in frequency of inflammatory lesions from baseline
- 4. Reduction in pain from baseline
- 5. Reduction in suppuration from baseline
- 6. Improvement in frequency of relapses from baseline
- 7. Improvement in quality of life from baseline
- 8. Improvement on a disease severity assessment tool from baseline

#### Other Criteria:

For all indications: Member has had a documented negative tuberculosis (TB) test (which can include a tuberculosis skin test [TST] or an interferon-release assay [IGRA])\* within 6 months of initiating therapy for persons who are naïve to biologic drugs or targeted synthetic drugs associated with an increased risk of TB.

\* If the screening testing for TB is positive, there must be further testing to confirm there is no active disease (e.g., chest x-ray). Do not administer the requested medication to members with active TB infection. If there is latent disease, TB treatment must be started before initiation of the requested medication.

For all indications: Member cannot use the requested medication concomitantly with any other biologic drug or targeted synthetic drug for the same indication.

#### **APPENDIX**

# Examples of Clinical Reasons to Avoid Pharmacologic Treatment with Methotrexate, Cyclosporine, Acitretin, or Leflunomide

- Clinical diagnosis of alcohol use disorder, alcoholic liver disease, or other chronic liver disease
- 2. Drug interaction
- 3. Risk of treatment-related toxicity
- 4. Pregnancy or currently planning pregnancy

	ETTER HEALTH® Policy/Guideline		<b>*a</b> e	etna <sup>®</sup>
Name:	Cosentyx		Page:	6 of 8
Effective Date: 1/30/2025			Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	$\square$ Pennsylvania Kids	□Virginia	☐Kentucky PRMD	

- 5. Breastfeeding
- 6. Significant comorbidity prohibits use of systemic agents (e.g., liver or kidney disease, blood dyscrasias, uncontrolled hypertension)
- 7. Hypersensitivity
- 8. History of intolerance or adverse event

# **Approval Duration and Quantity Restrictions:**

## Approval:

Initial Approval: 12 months Renewal Approval: 12 months

## **Quantity Level Limit:**

Medication Medication	Standard Limit	Exception Limit*	FDA-recommended dosing
Cosentyx (secukinumab): 75 mg/0.5 mL pre-filled syringe	1 syringe per 28 days	5 syringes per 28 days	Psoriatic arthritis (PsA)/Ankylosing spondylitis (AS)/Non-radiographic axial spondyloarthritis (NR-axSpA), adults:  Loading doses (optional): 150 mg
Cosentyx (secukinumab): 150 mg/mL pre- filled pen or syringe	1 pen/syringe per 28 days	5 pens/syringes per 28 days	<ul> <li>at weeks 0, 1, 2, 3, 4</li> <li>Maintenance dose: 150 mg every 4 weeks</li> <li>Continued active PsA/AS: 300 mg every 4 weeks</li> </ul> Psoriatic arthritis, pediatric (2
Cosentyx (secukinumab): 300 mg/2 mL pre-filled pen or syringe	1 pen/syringe per 28 days	5 pens/syringes per 28 days	years and older):  • ≥ 15 kg to < 50 kg: 75 mg at weeks 0, 1, 2, 3, and 4, then 75 mg every 4 weeks  • ≥ 50 kg: 150 mg at weeks 0, 1, 2, 3, and 4, then 150 mg every 4 weeks

	TTER HEALTH® Policy/Guideline		<b>*ae</b>	etna™
Name:	Cosentyx		Page:	7 of 8
Effective D	ate: 1/30/2025		Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	□Pennsylvania Kids	□Virginia	☐Kentucky PRMD	

Medication	Standard Limit	Exception Limit*	FDA-recommended dosing
Cosentyx (secukinumab): 300 mg dose carton containing (2) 150 mg/mL pre- filled pens or (2) 150 mg/mL pre- filled syringes	1 dose carton per 28 days	5 dose cartons per 28 days	Plaque psoriasis, with or without coexistent psoriatic arthritis, adults:  • Loading doses: 300 mg at weeks 0, 1, 2, 3, 4  • Maintenance dose: 300 mg every 4 weeks (150 mg every 4 weeks may be acceptable)  Plaque psoriasis, pediatric (6 years and older):  • < 50 kg: 75 mg at weeks 0, 1, 2, 3, and 4, then 75 mg every 4 weeks  • ≥ 50 kg: 150 mg at weeks 0, 1, 2, 3, and 4, then 150 mg every 4 weeks  Enthesitis-Related Arthritis (4 years and older):  • ≥ 15 kg to < 50 kg: 75 mg at weeks 0, 1, 2, 3 and 4, then 75 mg every 4 weeks  • ≥ 50 kg: 150 mg at weeks 0, 1, 2, 3 and 4, then 150 mg every 4 weeks  • ≥ 50 kg: 150 mg at weeks 0, 1, 2, 3 and 4, then 150 mg every 4 weeks

<sup>\*</sup>Exception limits apply to loading doses.

## References:

- 1. Cosentyx [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; November 2023.
- 2. Menter A, Korman NJ, Elmets CA, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis. Section 6: Guidelines of care for the treatment of psoriasis and psoriatic arthritis: case-based presentations and evidence-based conclusions. *J Am Acad Dermatol*. 2011;65(1):137-174.

	TTER HEALTH® Policy/Guideline		<b>*ae</b>	etna™
Name:	Cosentyx		Page:	8 of 8
Effective Date: 1/30/2025			Last Review Date:	11/2023; 4/2024; 12/2024
Applies to:	□Illinois	□Florida	□Florida Kids	
	⊠New Jersey	$\square$ Maryland	□Michigan	
	□Pennsylvania Kids	□Virginia	☐Kentucky PRMD	

- 3. Gossec L, Baraliakos X, Kerschbaumer A, et al. European League Against Rheumatism (EULAR) recommendations for the management of psoriatic arthritis with pharmacological therapies: 2019 update. *Ann Rheum Dis.* 2020;79(6):700-712.
- 4. McInnes IB, Mease PJ, Kirkham B, et al. Secukinumab, a human anti-interleukin-17A monoclonal antibody, in patients with psoriatic arthritis (FUTURE 2): a randomised, double-blind, placebo-controlled, phase 3 trial. Lancet. 2015;386(9999):1137-46.
- 5. Braun J, van den Berg R, Baraliakos, X et al. 2010 update of the ASAS/EULAR recommendations for the management of ankylosing spondylitis. *Ann Rheum Dis.* 2011;70:896–904.
- 6. Ward MM, Deodhar A, Gensler LS, et al. 2019 Update of the American College of Rheumatology/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network Recommendations for the treatment of ankylosing spondylitis and nonradiographic axial spondyloarthritis. Arthritis Rheumatol. 2019;71(10):1285-1299.
- Baeten D, Sieper J, Braun J, et al. Secukinumab, an Interleukin-17A Inhibitor, in Ankylosing Spondylitis. N Engl J Med. 2015;373(26):2534-48.
- 8. Menter A, Strober BE, Kaplan DH, et al. Joint AAD-NPF guidelines of care for the management and treatment of psoriasis with biologics. *J Am Acad Dermatol.* 2019;80(4):1029-1072.
- 9. Testing for TB Infection. Centers for Disease Control and Prevention. Retrieved on January 4, 2023 from: https://www.cdc.gov/tb/topic/basics/risk.htm.
- 10. Singh JA, Guyatt G, Ogdie A, et al. 2018 American College of Rheumatology/National Psoriasis Foundation Guideline for the Treatment of Psoriatic Arthritis. *Arthritis Rheum.* 2018;71:5-32.
- 11. Weiss PF. Diagnosis and treatment of enthesitis-related arthritis. *Adolesc Health Med Ther.* 2012;2012(3):67-74.
- 12. Brunner HI, Foeldvari I, Alexeeva E, et al. Secukinumab in enthesitis-related arthritis and juvenile psoriatic arthritis: a randomised, double-blind, placebo-controlled, treatment withdrawal, phase 3 trial. *Ann Rheum Dis.* 2023 Jan;82(1):154-160.
- 13. Coates LC, Soriano ER, Corp N, et al. Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA): updated treatment recommendations for psoriatic arthritis 2021. *Nat Rev Rheumatol.* 2022;18(8):465-479.
- 14. Menter A, Gelfand JM, Connor C, et al. Joint American Academy of Dermatology-National Psoriasis Foundation guidelines of care for the management of psoriasis with systemic nonbiologic therapies. *J Am Acad Dermatol.* 2020;82(6):1445-1486.
- 15. Ramiro S, Nikiphorou E, Sepriano A, et al. ASAS-EULAR recommendations for the management of axial spondyloarthritis: 2022 update. *Ann Rheum Dis.* 2023;82:19-34.
- 16. Alikhan A, Sayed C, Alavi A, et al. North American clinical management guidelines for hidradenitis suppurativa: A publication from the United States and Canadian Hidradenitis Suppurativa Foundations Part I: Diagnosis, evaluation, and the use of complementary and procedural management. J Am Acad Dermatol. 2019; 81(1): 76-90.
- 17. Alikhan A, Sayed C, Alavi A, et al. North American clinical management guidelines for hidradenitis suppurativa: A publication from the United States and Canadian Hidradenitis Suppurativa Foundations Part II: Topical, intralesional, and systemic medical management. *J Am Acad Dermatol.* 2019; 81(1): 91-101.