



Aetna Better Health® of New Jersey

Adult Immunization Schedule

Aetna Better Health of New Jersey is as committed to promoting routine adult vaccinations as we are about the needed childhood immunizations.

In fact, routine adult vaccinations are all covered under our members benefits, including the pharmacy benefit with a prescription. These vaccines can then be administered by a pharmacist certified to provide vaccinations in the store.

VACCINE COVERAGE

- Aetna Better Health of New Jersey covers the following vaccines through pharmacy:

Vaccine	Age(s)	Vaccine	Age(s)
Flu (Trivalent, Quadrivalent)	19 and older	Tetanus, Diphtheria Toxoids	19 and older
FluMist	19 and older	HPV	19-26 years
Fluzone HD (high dose)	65 and older	Measles, Mumps, Rubella	19 and older
Pneumonia	19 and older	Tetanus, Diphtheria, Pertussis	19 and older
Herpes Zoster	50 and older	Hepatitis B	19 and older

KEY CDC RECOMMENDATIONS

ALL ADULTS should receive a flu vaccine each year; It is especially important for people with chronic health conditions, pregnant women, and older adults.

Measles, Mumps, Rubella should be up to date in all adults. Measle outbreaks have been reported in the U.S. in 2019 and measles is highly infectious.

Every adult should get the **Tdap** vaccine once if they did not receive it as an adolescent to protect against pertussis (whooping cough), and then a Td (tetanus, diphtheria) booster shot every 10 years. In addition, women should get the Tdap vaccine each time they are pregnant, preferably at 27 through 36 weeks.

HVP is recommended for adults up to age 26 if they were not vaccinated as pre-teens or teens.

Adults over the age of 50 years of age should be vaccinated against **Herpes Zoster**.

Full adult vaccination schedule, as well as recommendations for special situations can be found on the CDC website: <https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>