



## Aetna Better Health® of Illinois Policy

Policy Name:	Vitamin D Testing in Children	Page:	1 of 1
Department:	Medical Policy & Program Solutions	Policy Number:	XXXX.XX
Subsection:		Effective Date:	12/01/2020
Applies to:	■ Medicaid Health Plan		

### **PURPOSE:**

Per Aetna Better Health of Illinois Policy, Vitamin D testing in pediatric patients is not payable for diagnoses of obesity or screening.

### **STATEMENT OF OBJECTIVE:**

Vitamin D (25 hydroxy) testing is not indicated for pediatric patients when the only diagnosis is obesity or screening.

### **DEFINITIONS:**

Vitamin D Testing	A vitamin D blood test measures the level of 25(OH)D in your blood. Abnormal levels of vitamin D can indicate bone disorders, nutrition problems, organ damage, or other medical conditions.
Pediatrics	The Federal Food, Drug, and Cosmetic Act (FD&C Act) defines pediatric patients as persons aged 21 or younger at the time of their diagnosis or treatment.

### **LEGAL/CONTRACT REFERENCE:**

N/A

Aetna Better Health

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Review/Revision History	
Reviewed	08/2025