



## Aetna Better Health® of Illinois Policy

Policy Name:	Urodynamic Testing	Page:	1 of 1
Department:	Medical Policy & Program Solutions	Policy Number:	XXXX.XX
Subsection:		Effective Date:	12/01/2020
Applies to:	■ Medicaid Health Plan		

### **PURPOSE:**

Per Aetna Better Health of Illinois Policy, Multi-channel urodynamic studies are considered medically necessary when the member has both symptoms and physical findings of urinary incontinence/voiding dysfunctions (such as stress incontinence, overactive bladder, lower urinary tract symptoms).

### **STATEMENT OF OBJECTIVE:**

Multi-channel urodynamic studies are indicated when the member has both symptoms and physical findings of urinary incontinence/voiding dysfunctions (such as stress incontinence, overactive bladder, lower urinary tract symptoms)

### **DEFINITIONS:**

Urodynamic Testing	Urodynamics testing measures how well the bladder, sphincters, and urethra store and release urine. Most urodynamics testing focuses on the bladder's ability to hold urine and empty steadily and completely. These tests help diagnose patients who have lower urinary tract symptoms such as: urine leakage (incontinence).
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### **LEGAL/CONTRACT REFERENCE:**

N/A

Aetna Better Health

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Review/Revision History	
Reviewed	08/2025