



Aetna Better Health® of Illinois Policy

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| Policy Name: | Thyroid Testing in Pediatrics | Page: | 1 of 1 |
| Department: | Medical Policy & Program Solutions | Policy Number: | XXXX.XX |
| Subsection: | | Effective Date: | 12/01/2020 |
| Applies to: | ■ Medicaid Health Plan | | |

PURPOSE:

Per Aetna Better Health of Illinois Policy, Insulin/Thyroid testing is not payable for pediatric patients for diagnoses of obesity or screening.

STATEMENT OF OBJECTIVE:

Insulin/thyroid testing is not indicated for pediatric patients when the diagnosis is obesity or screening.

DEFINITIONS:

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| Thyroid function tests | Thyroid function tests are a series of blood tests used to measure how well your thyroid gland is working. Available tests include the T3, T3RU, T4, and TSH. |
| Pediatrics | The Federal Food, Drug, and Cosmetic Act (FD&C Act) defines pediatric patients as persons aged 21 or younger at the time of their diagnosis or treatment. |

LEGAL/CONTRACT REFERENCE:

N/A

Aetna Better Health

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| Review/Revision History | |
| Reviewed | 08/2025 |