



Aetna Better Health® of Illinois Policy

Policy Name:	Testing for Vaginitis	Page:	1 of 2
Department:	Medical Policy & Program Solutions	Policy Number:	XXXX.XX
Subsection:		Effective Date:	12/01/2020
Applies to:	■ Medicaid Health Plan		

PURPOSE:

Per Aetna Better Health of Illinois policy, the following conditions are considered not medically necessary for treatment of vaginitis.

STATEMENT OF OBJECTIVE:

- Screening of asymptomatic pregnant women for bacterial vaginosis (BV). to reduce the incidence of pre-term birth or other complications of pregnancy is not medically necessary as there is no evidence that treatment of BV in asymptomatic pregnant women reduces these complications
- Unspecified amplified DNA-probe testing for genitourinary conditions for asymptomatic women during routine exams, contraceptive management care, or pregnancy care is considered not medically necessary for members ≥ 13 year of age as it has not been shown to improve clinical outcomes over direct DNA-probe testing.
- Unspecified amplified DNA-probe testing for the diagnostic evaluation of symptomatic women for the following genitourinary conditions is considered not medically necessary for members ≥ 13 of age as it has not been shown to improve clinical outcomes over direct DNA-probe testing.
 1. Urinary tract infections;
 2. Pelvic inflammatory disease;
 3. Inflammatory disorders of the vagina, vulva, and perineum;
 4. Irregular menstruation or abnormal uterine and vaginal bleeding;
 5. Dysmenorrhea;
 6. Complications with pregnancy, including all of the following:
 - a) Pre-term labor;
 - b) Ectopic pregnancy;
 - c) c.. High risk pregnancy.

DEFINITIONS:

Vaginitis	<p>Vaginitis is an inflammation of the vagina that can result in discharge, itching and pain. The cause is usually a change in the normal balance of vaginal bacteria or an infection. Reduced estrogen levels after menopause and some skin disorders can also cause vaginitis.</p> <p>The most common types of vaginitis are:</p>
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	<ul style="list-style-type: none">• Bacterial vaginosis, which results from a change of the normal bacteria found in your vagina to overgrowth of other organisms• Yeast infections, which are usually caused by a naturally occurring fungus called Candida albicans• Trichomoniasis, which is caused by a parasite and is commonly transmitted by sexual intercourse
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LEGAL/CONTRACT REFERENCE:

N/A

Aetna Better Health

Kimberly Foltz
Interim Chief Executive Officer

Melanie Fernando
Chief Operations Officer

Review/Revision History	
Reviewed	08/2025