



Aetna Better Health® of Illinois Policy

Policy Name:	Outpatient Consultations	Page:	1 of 1
Department:	Medical Policy & Program Solutions	Policy Number:	XXXX.XX
Subsection:		Effective Date:	12/01/2020
Applies to:	■ Medicaid Health Plan		

PURPOSE:

Per Aetna Better Health of Illinois Policy, office consultation services should not be reported more than once in a 6-month period by the same provider for the same diagnosis.

STATEMENT OF OBJECTIVE:

We deny outpatient/office consultation services billed in the office setting when the same provider billed any other Evaluation and Management service in any place of service with the same diagnosis in the previous 6 months. If the provider previously saw a patient in the office, outpatient, or hospital setting and is now seeing them in follow up, then the provider uses the appropriate evaluation and management code for an established patient visit, unless there is a new significant and separately identifiable reason for the consultation.

DEFINITIONS:

Consultation	A consultation is a type of evaluation and management service provided at the request of another physician or appropriate source to either recommend care for a specific condition or problem or to determine whether to accept responsibility for ongoing management of the patient's entire care or for the care of a specific condition or problem.
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LEGAL/CONTRACT REFERENCE:

N/A

Aetna Better Health

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Review/Revision History	
Reviewed	08/2025