



Aetna Better Health® of Illinois Policy

Policy Name:	Holter Monitors	Page:	1 of 1
Department:	Medical Policy & Program Solutions	Policy Number:	XXXX.XX
Subsection:		Effective Date:	12/01/2020
Applies to:	■ Medicaid Health Plan		

PURPOSE:

Per Aetna Better Health of Illinois, Holter Monitors should be reported with a supporting diagnosis indicating a cardiac event/symptom.

STATEMENT OF OBJECTIVE:

Holter monitoring is considered necessary for diagnostic evaluation of members with a supporting Diagnosis.

DEFINITIONS:

Holter Monitor	A Holter monitor is a self-contained ambulatory and recording device used to capture continuous electrocardiographic measurements over a period of 24 to 48 hours.
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LEGAL/CONTRACT REFERENCE:

N/A

Aetna Better Health

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Review/Revision History	
Reviewed	08/2025