



## Aetna Better Health® of Illinois Policy

Policy Name:	Allergy Testing	Page:	1 of 2
Department:	Medical Policy & Program Solutions	Policy Number:	XXXX.XX
Subsection:		Effective Date:	12/01/2020
Applies to:	■ Medicaid Health Plan		

### **PURPOSE:**

Per Aetna Better Health of Illinois Policy, specific allergy testing and allergy immunotherapy are considered medically necessary for members with clinically significant allergic symptoms.

### **STATEMENT OF OBJECTIVE:**

Allergy Testing - Per policy:

- Ophthalmic and/or direct nasal mucous membrane tests are not covered
- Allergy testing (allergen specific IgE/percutaneous/intracutaneous testing) should be reported with a supporting diagnosis indicating significant allergic symptoms.
- Patch/application testing should be reported with a supporting diagnosis indicating skin-related allergies.
- Photo patch testing should be reported with a supporting diagnosis indicating photoallergic responses/dermatitis/solar urticaria.
- Food ingestion challenge testing should be reported with a supporting diagnosis indicating food allergies.
- Allergy immunotherapy/professional services for supervision of preparation/provision of antigens should be reported with a supporting diagnosis indicating significant allergic symptoms
- Rapid desensitization procedures should be reported with a supporting diagnosis indicating allergies to drugs/insects/etc.

### **DEFINITIONS:**

Allergy Testing	Allergy testing, also known as skin, prick or blood testing, is a method for determining to what substances a person is allergic.
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### **LEGAL/CONTRACT REFERENCE:**

N/A

Aetna Better Health



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Review/Revision History	
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